

Our Vision is to provide the highest quality cardiac care services by ensuring rapid access to advanced diagnostic testing and consultation

Patient Information

Name: _____ DOB: _____ Age: _____ Sex: _____
 Address: _____ City: _____ Postal Code: _____
 Health Card / Version Code: _____ Telephone: _____ E-mail Address: _____
 Clinical History: _____
 Previous Test Results: _____
 Height: ____ ft. ____ in. Weight ____ lbs. ____ kg. Smoker: Yes No Medication: _____

Physician Information

Physician Name: _____ Referring Physician #: _____
 Office E-Mail: _____ Office Fax: _____
 Preferred Method of Report Delivery: Email Fax Mail

Cardiac Testing

EKG
 Stress EKG
 Echo with Contrast*
 Stress Echo with Contrast*
 Dobutamine
 Exercise
 Nuclear Perfusion Imaging
 Rest / Exercise
 Persantine
 Dobutamine
 Viability Study
 MUGA
 24 hr Ambulatory BP
 Holter
 24 Hour
 48 Hour
 7 Day
 14 Day
 Loop Recorder (Event Monitor)

Cardiologist

First Available Consult
 Follow-up
 Dr. Anjala Chelvanathan Dr. Ursula Jurt
 Dr. Nisha D'Mello Dr. Saleem Kassam
 Dr. Paul Galiwango Dr. Rolland Leader
 Dr. Sarah Ipekian Dr. Ashok Mukherjee
 Dr. Joseph Ricci
 General Internist

*For patients with BMI >29 or who are current smokers – please select contrast


Referral Urgency

Urgent <48 hours Semi-urgent <2 weeks Elective
 Cardiologist Consultation if test abnormal (Same day if high risk results)


CorCare Nuclear Medicine

Bone Scan
 Whole Body Bone Scan
 Specific Site _____
Thyroid Scan
 Scan Uptake Uptake & Scan
 Parathyroid Scan
Lung Scan
 Ventilation / Perfusion
Renal Scan
 DTPA
 Captopril
 Cortical
Brain Scan
 Brain Scan
GI Scan
 LGI Bleed
 Meckel's DIV. Scan
 Salivary Scan
Hepatobiliary Scan
 Disofenin (DISIDA)
Liver / Spleen Scan
 Liver (RES) Scan
 Hemangioma (RBC) Scan


Locations




CorCare Milner
325 Milner Avenue, Suite 410
Scarborough, ON M1B 5N1
TTC Route: Milner Bus Route 132 and 134b



CorCare Centenary
Rouge Valley Centenary Health Centre
2863 Ellesmere Road, Suite 307,
Scarborough, ON M1E 5E9
TTC Route: Ellesmere Road Bus 38 95, B 133+



CorCare Pickering
1105 Kingston Road, Suite 200A (Bldg. E)
Pickering, ON L1V 1B5
DR Transit: Liverpool & Finch / Hwy 2



CorCare Ajax
Baywood Medical Centre
95 Bayly Street West, Suite 305
Ajax ON L1S 7K8

Physician Signature _____

Test Information for Patients

Cardiac Test: Preparations

Echo Doppler:

Sound waves are used to study the four heart valves, the muscle and blood flow of the heart. 30 to 45 minutes.

Stress Test Cardiogram (GXT):

Walk on treadmill while monitored. Wear comfortable shoes and clothing. 45 minutes.

Stress Echo:

An Echo Doppler examination performed before and after the stress test. 60 minutes.

Holter Monitor:

Monitor heart rhythm for 24 or 48 hours during normal daily activities. 10-15 minutes.

Continuous Loop Recorder:

Monitor worn for 1 or 2 weeks to record heart rhythm during symptoms. 10-15 minutes.

Ambulatory Blood Pressure Monitor:

Monitor blood pressure for 24 hours during normal daily activities. There is a \$50 charge for this test which is not covered by OHIP. 10-15 minutes.

EKG:

Measures the electrical activity of the heart, providing information about heart damage and rhythm problems. 5-10 minutes.

Nuclear Test: Patient Preparations

Studies involve the injection of a radioactive tracer in arm vein and acquiring images.

Cardiac Nuclear Perfusion Studies:

Shows heart blood flow to detect angina, heart attack and heart function.

Light snack or juice 2 hours before the test

No caffeine: Tea, coffee, chocolate, or cola 24 hours prior to test

For exercise studies: Wear comfortable shoes and clothing

Duration: 4-5 hours

Bone Scan:

Identifies injury or disease in bone and joints. No preparation. 3 hours.

Brain Scan:

Detects blood flow and abnormalities of the brain.

No preparation. 2-3 hours.

GI & Hepatobiliary Scan:

Evaluate liver bile production/excretion, bile ducts, and gallbladder.

Nothing to eat or drink after midnight. 1-3 hours.

Liver/Spleen Scan:

Liver and spleen blood flow and function. No preparation. 1-3 hours.

Lung Scan:

Detects pulmonary emboli (blood clots) in the lung. Your doctor must arrange a Chest Xray with this test. 1 hour.

MUGA:

Extremely accurate measure of heart function. Required for patients referred for implantable defibrillators. No preparation. 1 hour.

Renal Scan:

Kidney function and blood flow to the kidneys. No preparation.

GFR: 1 hour

Captopril: 2 day test (day 1: 1 hour; day 2: 2 hours)

Cortical: 3-4 hours

Thyroid Uptake & Scan (2 day test):

Measure thyroid function and show abnormalities (ie nodules).

Thyroid medication to be stopped for 4 weeks before the test (consult your physician)

Day 1: Iodine capsule given (10 min)

Day 2: Uptake, flow & scan (30 min)

Bring With You

1. Your health card (required by the Ministry of Health)
2. Your medication list
3. This referral form

Medication

- Check with doctor to determine if you should hold medication prior to your test.

Missed Appointment Charges

- \$50.00 charge to rebook missed appointment
- No charge if cancelled by 3:00 pm the day prior to test day