

Our Vision is to provide the highest quality cardiac care services by ensuring rapid access to advanced diagnostic testing and consultation

Patient Information

Name: _____ DOB: _____ Age: _____ Sex: _____

Address: _____ City: _____ Postal Code: _____

Health Card / Version Code: _____ Telephone: _____ E-mail Address: _____

Clinical History: _____

Previous Test Results: _____

Height: ____ ft. ____ in. Weight ____ lbs. ____ kg. Smoker: Yes ☐ No ☐ Medication: _____

Physician Information

Physician Name: _____ Referring Physician #: _____

Office E-Mail: _____ Office Fax: _____

Preferred Method of Report Delivery: ☐ Email ☐ Fax ☐ Mail

Cardiac Testing

☐ EKG

☐ Stress EKG

☐ Echo ☐ with Contrast*

☐ Stress Echo ☐ with Contrast*

☐ Dobutamine

☐ Exercise

☐ Nuclear Perfusion Imaging

☐ Rest / Exercise

☐ Persantine

☐ Dobutamine

☐ Viability Study

☐ MUGA

☐ 24 hr Ambulatory BP

☐ Holter

☐ 24 Hour

☐ 48 Hour

☐ 7 Day

☐ 14 Day

☐ Loop Recorder (Event Monitor)

*For patients with BMI >29 or who are current smokers – please select contrast

Cardiologist

☐ First Available ☐ Consult

☐ Follow-up

☐ Dr. Anjala Chelvanathan ☐ Dr. Saleem Kassam

☐ Dr. Nisha D'Mello ☐ Dr. Kareem Morant

☐ Dr. Paul Galiwango ☐ Dr. Ashok Mukherjee

☐ Dr. Sarah Ipekian ☐ Dr. Joseph Ricci

☐ General Internist

Referral Urgency

☐ Urgent <48 hours ☐ Semi-urgent <2 weeks ☐ Elective

☐ Cardiologist Consultation if test abnormal (Same day if high risk results)

CorCare Nuclear Medicine

Bone Scan

☐ Whole Body Bone Scan

☐ Specific Site _____

Thyroid Scan

☐ Scan ☐ Uptake ☐ Uptake & Scan

☐ Parathyroid Scan

Lung Scan

☐ Ventilation / Perfusion

Renal Scan

☐ DTPA

☐ Captopril

☐ Cortical

Brain Scan

☐ Brain Scan

GI Scan


☐ LGI Bleed

☐ Meckel's DIV. Scan

☐ Salivary Scan


Locations

Physician Signature _____




CorCare Milner
325 Milner Avenue, Suite 410
Scarborough, ON M1B 5N1
TTC Route: Milner Bus Route 132 and 134b

Free Parking Available



CorCare Centenary
Rouge Valley Centenary Health Centre
2863 Ellesmere Road, Suite 307, Scarborough, ON M1E 5E9
TTC Route: Ellesmere Road Bus 38 95, B 133+

Free Parking Available



CorCare Pickering
1105 Kingston Road, Suite 200A (Building E)
Pickering, ON L1V 1B5
DR Transit: Liverpool & Finch / Hwy 2

Free Parking Available

Test Information for Patients

Cardiac Test: Preparations

Echo Doppler:

Sound waves are used to study the four heart valves, the muscle and blood flow of the heart. 30 to 45 minutes.

Stress Test Cardiogram (GXT):

Walk on treadmill while monitored. Wear comfortable shoes and clothing. 45 minutes.

Stress Echo:

An Echo Doppler examination performed before and after the stress test. 60 minutes.

Holter Monitor:

Monitor heart rhythm for 24 or 48 hours during normal daily activities. 10-15 minutes.

Continuous Loop Recorder:

Monitor worn for 1 or 2 weeks to record heart rhythm during symptoms. 10-15 minutes.

Ambulatory Blood Pressure Monitor:

Monitor blood pressure for 24 hours during normal daily activities. There is a \$50 charge for this test which is not covered by OHIP. 10-15 minutes.

EKG:

Measures the electrical activity of the heart, providing information about heart damage and rhythm problems. 5-10 minutes.

Nuclear Test: Patient Preparations

Studies involve the injection of a radioactive tracer in arm vein and acquiring images.

Cardiac Nuclear Perfusion Studies:

Shows heart blood flow to detect angina, heart attack and heart function.

Light snack or juice 2 hours before the test

No caffeine: Tea, coffee, chocolate, or cola 24 hours prior to test

For exercise studies: Wear comfortable shoes and clothing

Duration: 4-5 hours

Bone Scan:

Identifies injury or disease in bone and joints. No preparation. 3 hours.

Brain Scan:

Detects blood flow and abnormalities of the brain.

No preparation. 2-3 hours.

GI & Hepatobiliary Scan:

Evaluate liver bile production/excretion, bile ducts, and gallbladder. Nothing to eat or drink after midnight. 1-3 hours.

Liver/Spleen Scan:

Liver and spleen blood flow and function. No preparation. 1-3 hours.

Lung Scan:

Detects pulmonary emboli (blood clots) in the lung. Your doctor must arrange a Chest Xray with this test. 1 hour.

MUGA:

Extremely accurate measure of heart function. Required for patients referred for implantable defibrillators. No preparation. 1 hour.

Renal Scan:

Kidney function and blood flow to the kidneys. No preparation.

GFR: 1 hour

Captopril: 2 day test (day 1: 1 hour; day 2: 2 hours)

Cortical: 3-4 hours

Thyroid Uptake & Scan (2 day test):

Measure thyroid function and show abnormalities (ie nodules).

Thyroid medication to be stopped for 4 weeks before the test (consult your physician)

Day 1: Iodine capsule given (10 min)

Day 2: Uptake, flow & scan (30 min)

Bring With You

1. Your health card (required by the Ministry of Health)
2. Your medication list
3. This referral form

Medication

- Check with doctor to determine if you should hold medication prior to your test.

Missed Appointment Charges

- \$50.00 charge to rebook missed appointment
- No charge if cancelled by 3:00 pm the day prior to test day